SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY				
SAULT STE. MARIE, ONTARIO				
Sault College				
CICE COURSE OUTLINE				
COURSE TITLE:	Techniques	of Baking - Basic		
CODE NO. : MODIFIED CODE:	FDS143 FDS0143	SEMESTER:	Fall	
PROGRAM:	Culinary Skills – Chef Training Culinary Management, Cook Apprentice			
AUTHOR: MODIFIED BY:	Peter E. Graf MBA Marnie Bunting, Learning Specialist CICE Program			
DATE:	Sept. 2008	PREVIOUS OUTLINE DATED:	Sept. 2007	
APPROVED:		"Angelique Lemay"		
TOTAL CREDITS:	CHAIF 3	R, COMMUNITY SERVICES	DATE	
PREREQUISITE(S):	NONE			
HOURS/WEEK:	3			
<b>Copyright ©2008 The Sault College of Applied Arts &amp; Technology</b> Reproduction of this document by any means, in whole or in part, without prior written permission of Sault College of Applied Arts & Technology is prohibited. For additional information, please contact the Chair, Community Services School of Health and Community Services (705) 759-2554, Ext. 2603				

### I. COURSE DESCRIPTION:

To provide the CICE student with a basic understanding of the techniques, requirements and skills for the baking industry, hotels, restaurants, fast foods, and bakeries as set out by the Ministry of Skills Development of Ontario for The Trade of Cook. Familiarity with techniques and products will assist in your future purchasing decisions.

## II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the CICE student, with the assistance of a Learning Specialist, will:

1. Demonstrate the basic ability to prepare **Yeast Products** 

### Potential Elements of the Performance:

Demonstrate, in the lab, the basic ability to prepare yeast products:

- Straight dough method
- Sponge dough method
- Roll-in method
- 2. Demonstrate the basic ability to prepare **Quick Breads**

#### Potential Elements of the Performance:

Demonstrate, in the lab, the basic ability to prepare quick breads:

- Muffin method
- Biscuit method
- Creaming method

3. Demonstrate the basic ability to prepare **Pies**, **Tarts**, **and Flans** 

## Potential Elements of the Performance:

Demonstrate, in the lab, the basic ability to prepare pies, tarts, and flans:

- Basic pie dough Demonstrate correct consistency of a pie dough
- Prepare dough for later use Roll dough to rectangular, square and triangular shapes Line baking sheets, flan rings Roll dough to even thickness without sticking Use lattice design cutter
- Prepare and/cook fillings to correct texture/thickness.
- Assemble pies/tarts/flans.
- Bake
- Present using contemporary presentation techniques (platters and plates, applied in FDS139)
- 4. Demonstrate a basic working knowledge of **piping doughs** using proper tools, pressure to obtain **uniformity of shapes**.

### Potential Elements of the Performance:

Demonstrate, in the lab, the basic ability to pipe doughs using proper tools, apply correct pressure to obtain uniformity in shapes:

• Prepare a suitable cookie dough for piping with plain and star tubes.

Pipe single and double rosettes Pipe shells, hearts, crescents using required tubes Pipe lady fingers, spirals and straight lines

5. Demonstrate the basic ability to prepare **sponge-based pastries.** 

### Potential Elements of the Performance:

Demonstrate, in the lab, the basic ability to prepare sponge-based pastries:

• Lady fingers, Swiss roll, genoise

6. Demonstrate the basic ability to prepare **Custard Filling and Creams** 

Demonstrate, in the lab, the basic ability to prepare custard filling and creams:

- Pastry cream, Bavarian creams
- Present using contemporary concepts (applied in Gallery)
- 7. Demonstrate the basic ability to prepare **Choux Paste Products**

Potential Elements of the Performance:

Prepare choux paste products

- Describe the uses of choux paste, its characteristics properties, possibilities & limitations
- Prepare choux paste
- Recognize consistency, adjust if necessary
- Make dough for immediate use or freezing
- Glaze, fill and assemble choux paste products for pastry presentation, platter presentation and plated presentation (applied in Gallery)
- 8. Demonstrate the basic ability to prepare **Puff Pastry Products**

Potential Elements of the Performance:

Prepare puff pastry

- Balance and adjust recipe for different needs
- Prepare basic dough by hand and/or machine
- Apply various roll-in methods

# III. TOPICS:

- 1. Yeast dough products
- 2. Quick breads
- 3. Pies, tarts, and flans
- 4. Piping doughs
- 5. Sponge based pastries
- 6. Custard filling and creams
- 7. Choux paste products
- 8. Puff pastry products

## V. EVALUATION PROCESS/GRADING SYSTEM:

The lab assignment includes the following:

- 1. Gathering of utensils and raw materials
- 2. Pre-preparation of the assigned items
- 3. Preparation (cooking, baking) of the items
- 4. Proper storage of the ready items including packaging, refrigeration, and freezing
- 5. Cleaning of utensils, equipment, work areas, and cooking surfaces. No mark will be assigned until work areas are clean
- 6. Putting all utensils and small wares into their allocated places
- 7. No student is to leave the lab area until the end of the period

With the help of the above, students will be **graded in the labs** every **class** as follows:

Professionalism & Appearance

- uniform, grooming, deportment

Sanitation & Safety

25%

15%

- personal, work environmental, product management
- safe handling, operation, cleaning & sanitizing of tools and equipment
- organization of work area

Method of Work

- Application of theory
- Application of culinary methods & techniques

Quality of Finished Product

20%

40%

#### - appearance, taste, texture

The following semester grades will be assigned to students in postsecondary courses:

-		Grade Point
<u>Grade</u>	Definition	<u>Equivalent</u>
A+	90 - 100%	4.00
А	80 - 89%	4.00
В	70 - 79%	3.00
С	60 - 69%	2.00
D	50 - 59 %	1.00
F (Fail)	49% or below	0.00
CR (Credit)	Credit for diploma requirements has been awarded.	

S	Satisfactory achievement in field
	placement or non-graded subject areas.
U	Unsatisfactory achievement in field
	placement or non-graded subject areas.
Х	A temporary grade limited to situations
	with extenuating circumstances giving a
	student additional time to complete the
	requirements for a course.
NR	Grade not reported to Registrar's office.
W	Student has withdrawn from the course
	without academic penalty

# VI. SPECIAL NOTES:

#### Dress Code:

All students are required to wear their uniforms while in the Hospitality and Tourism Institute, both in and out of the classroom. (Without proper uniform, classroom access will be denied)

#### **Disability Services:**

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your instructor and/or the Disability Services office. Visit Room E1101 or call Extension 493 so that support services can be arranged for you.

#### Retention of course outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other postsecondary institutions.

#### Plagiarism:

Students should refer to the definition of "academic dishonesty" in *Student Code of Conduct*. Students who engage in "academic dishonesty" will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

## Communication:

The College considers **WebCT/LMS** as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the **Learning Management System** communication tool.

### Course outline amendments:

The Professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

# Tuition Default:

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of November will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress.

# VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

## CICE Modifications:

### Preparation and Participation

- 1. A Learning Specialist will attend class with the student(s) to assist with inclusion in the class and to take notes.
- 2. Students will receive support in and outside of the classroom (i.e. tutoring, assistance with homework and assignments, preparation for exams, tests and quizzes.)
- 3. Study notes will be geared to test content and style which will match with modified learning outcomes.
- 4. Although the Learning Specialist may not attend all classes with the student(s), support will always be available. When the Learning Specialist does attend classes he/she will remain as inconspicuous as possible.

#### A. Tests may be modified in the following ways:

- 1. Tests, which require essay answers, may be modified to short answers.
- 2. Short answer questions may be changed to multiple choice or the question may be simplified so the answer will reflect a basic understanding.
- 3. Tests, which use fill in the blank format, may be modified to include a few choices for each question, or a list of choices for all questions. This will allow the student to match or use visual clues.
- 4. Tests in the T/F or multiple choice format may be modified by rewording or clarifying statements into layman's or simplified terms. Multiple choice questions may have a reduced number of choices.

#### B. Tests will be written in CICE office with assistance from a Learning Specialist.

#### The Learning Specialist may:

- 1. Read the test question to the student.
- 2. Paraphrase the test question without revealing any key words or definitions.
- 3. Transcribe the student's verbal answer.
- 4. Test length may be reduced and time allowed to complete test may be increased.

#### C. Assignments may be modified in the following ways:

- 1. Assignments may be modified by reducing the amount of information required while maintaining general concepts.
- 2. Some assignments may be eliminated depending on the number of assignments required in the particular course.

#### The Learning Specialist may:

- 1. Use a question/answer format instead of essay/research format
- 2. Propose a reduction in the number of references required for an assignment
- 3. Assist with groups to ensure that student comprehends his/her role within the group
- 4. Require an extension on due dates due to the fact that some students may require additional time to process information
- 5. Formally summarize articles and assigned readings to isolate main points for the student
- 6. Use questioning techniques and paraphrasing to assist in student comprehension of an assignment

### D. Evaluation:

Is reflective of modified learning outcomes.